

# Traer Fitness Center Rules



1. Bring an extra pair of shoes to work out in, and change them inside the front door.
2. For your safety only tennis shoes with backs may be worn during your workout.
3. If you would like to work out please plan to be finished by the posted closing time.
4. Due to insurance purposes, members must be 18 years of age or older, members between 12 and 18 must be accompanied by a parent or guardian.
5. We ask that no children (unless a member) be brought to the center with you. We know your children are a priority, but this is a time to focus on yourself. So, please find other arrangements for your children while you are at the center.
6. Payments are due on the 1<sup>st</sup> of each month, and you will not receive invoices, it is your responsibility to make this payment using direct payment, drop box, or US Mail.
7. All non-sufficient funds or account closures will be charged a fee of \$15.00 plus any bank fees. The fee and amount owed must be paid to obtain access to the facility.
8. Lost key fobs can be replaced at a charge of \$20.
9. If you are working out and the lights dim, or music shuts off, you may rescan your key fob at the door, and it should reset the system. If you have any "system" problems, please call Ken or Bonnie at 478-8487.
10. You may bring a potential member / guest in for a one time workout unless special provisions are made with management. Allowing repeated visits will be deemed as theft of services.
11. Any disruptive behavior or illegal activity will be cause for termination of membership.
12. **Main Rule – HAVE FUN, GET FIT, AND BE HEALTHY!!!**

Thank you for following these rules and choosing the Traer Fitness Center. This is a time to focus on your personal health and well-being. We want to make this time as enjoyable as possible, and we are always open to any comments or suggestions.

You may contact us the following ways:

Call the Fitness Center, and leave a message: 478-8112

Call Ken or Bonnie Dedic: 478-8487

Call Bill at (877) 234-1510

Send an E-Mail to [membership@traerfitnesscenter.com](mailto:membership@traerfitnesscenter.com)

Drop a suggestion in the mail slot located on the wall by the office door.

Payment Address: Traer Fitness Center

2767 Deere Rd.

Waterloo, IA 50701